

# Lifeguard Course

(In association with The Royal Life Saving Society)

**Dates:** 6th, 7th, 20th, 21st, 27th & 28th July

**Venue:** Gemini Pool, Shrewsbury School

**Time:** 9am to 5pm

## Details:

Shrewsbury School, in conjunction with The Royal Life Saving Society, are able to offer a 5 day intensive Lifeguard course plus an assessment day, following the latest (8th Edition) National Pool Lifeguard Qualification.

Please note that applicants are required to:

- Be aged 16 or over
- Swim 50 metres in 1 minute or less
- Swim 100 metres continuously on their front and then their back
- Tread water in deep water for 30 seconds
- Surface dive to the deepest part of the pool (2 metres)
- Climb out of the pool unaided, without using steps or ladder.

**Price:** £240 per person