



Shrewsbury School

# **SHREWSBURY SCHOOL**

## **SIXTH FORM ENTRANCE EXAMINATION 2016**

### **PHYSICAL EDUCATION** Suitable for ALL CANDIDATES

**(1 Hour)**

#### **Instructions to candidates:**

Answer THREE question from the choices 1 - 5

Each question is worth 15 marks. Total marks available is 45.

Answer on lined paper.

# ESSAY TITLES

15 marks are available for each question.

Write 3 essays from the following:

1. Identify the main reasons for conducting fitness tests and discuss the possible limitations of fitness testing. Name and describe TWO fitness tests that would be suitable to use with a hockey player.
2. How has technology (equipment, clothing, computers, etc.) affected the development of sport?
3. Raising participation in physical activity should deliver both individual health benefits and a positive impact on society. Analyse and evaluate this statement.
4. Explain the advantages and the disadvantages of all sports, in all countries, testing for performance enhancing drugs.
5. Explain how the negative attitude of players can impact on the cohesion of a team and if possible using name psychological theories, describe how a negative attitude may be changed.

PLEASE ENSURE THAT YOU HAVE NUMBERED YOUR ANSWERS AND  
PUT YOUR NAME ON ALL SHEETS OF PAPER.