



Shrewsbury  
School

# SHREWSBURY SCHOOL

## SIXTH FORM ENTRANCE EXAMINATION 2023 ENTRY

### PHYSICAL EDUCATION (1 Hour)

#### Instructions to candidates:

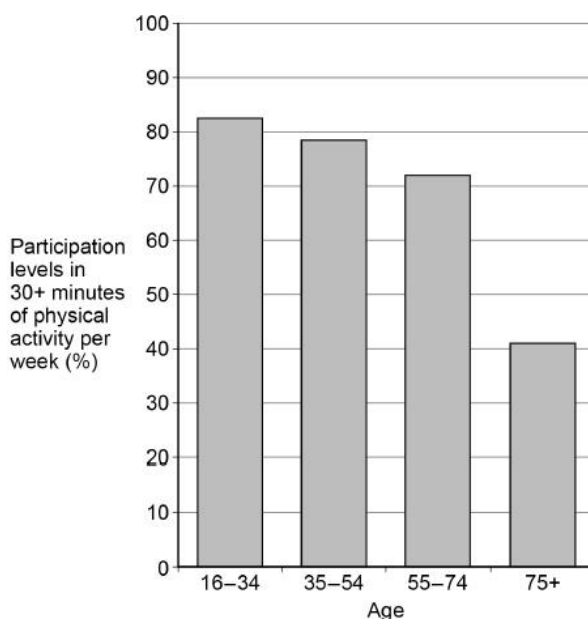
- Answer **THREE** questions from the choices 1 - 6
- Each question is worth 9 marks. Total marks available is 27.
- Answer on lined paper.

## ESSAY TITLES

9 marks are available for each question.

Write 3 essays from the following:

1. Sport has become commercialised due to its relationship with sponsorship and the media. Evaluate the impact that the media and sponsorship have had on sports performers.
2. Hooliganism is often associated with the game of football. Evaluate the effectiveness of strategies that are being used to combat hooliganism at football matches.
3. Erin is a 14-year-old girl. Over the last three years she has gradually become more inactive and now does **not** participate in any sporting activity. Discuss reasons why this may have happened.
4. The graph below shows the participation levels in physical activity of different age groups in England.



Using the above graph, analyse the reasons for the participation levels amongst the different age groups.

5. Zeke is a 15-year-old boy. He represents his local athletics club in the 800m, javelin and long jump. Zeke is about to start a weight training programme to improve his performance in these events. Discuss the appropriateness of weight training for Zeke **and** any other factors he may need to consider to improve his performance.
6. With reference to a named sporting activity, outline what plyometric and fartlek training are, and justify why they are both relevant to performers in that activity.